



Challenge Team Agenda

Thursday, November 10, 2016

7 A.M.-8:30 A.M.

Mtn. View Police Dept.

1000 Villa Street

Mountain View, CA 94041

Chairperson: Gay Krause

Terrific opportunity to hear from some of the leading local experts in the field of “Strengthening our Connections with Teens: The Importance of Mindfulness, Validation and Acceptance”, including our community conversation led by Dr. Michael Fitzgerald. This should be an exceptionally interesting program!

- 7:05** Introductions (All)
- 7:10** Mindfulness and Teens: Potential Health Benefits
Tiffany Stromberg, MD PGY-1 Resident Physician
Stanford Pediatrics Residency Program
- 7:30** Building a Community of Validation and Acceptance
Michael Fitzgerald, Executive Director ASPIRE Program
Mental Health and Addiction Services, El Camino Hospital
- 8:00** Summer Learning Initiative Report
Julie Cates/Gay Krause/Joe Eyre
- 8:20** Announcements

2016-2017 Meeting dates and locations

Dec. 8, 2016	Second Thursday – MVPD – 1000 Villa St. – Mountain View
Jan. 12, 2017	Second Thursday – MVPD – 1000 Villa St. – Mountain View
Feb. 9, 2017	Second Thursday – MVPD – 1000 Villa St. – Mountain View
Mar. 9, 2017	Second Thursday – MVPD – 1000 Villa St. – Mountain View
Apr. 6, 2017	First Thursday – MVPD – 1000 Villa St. – Mountain View
May. 3, 2017	First Wednesday – Champion for Youth Breakfast – Michael’s at Shoreline
Jun. 8, 2017	Second Thursday – MVPD – 1000 Villa St. – Mountain View

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