

Are you concerned about the
emotional well being of your
child?

Parent Chat

Drop In! No
Registration
Required!

Peer to Peer Support For Parents
of Teens 14+

Questions?
Contact: Donna Soo
(650) 828-0997
Trudy Palmer
(650) 208-9116

Come join a support group hosted by
the Mental Health Subcommittee of
SELPA 1 CAC

**7:00-8:30PM, second
Tuesday of every month**

Los Altos Library Orchard Room
13 S. San Antonio Road, Los Altos



Website: selpa1cac.org
Facebook: selpa1cac
Instagram: mentalhealthselpa1

Le preocupa el bienestar emocional de su hijo(a)?

Platica Para Padres

Visítenos! No se requiere registraci3n!

Apoyo de colega a colega para padres con j3venes de 14+

Preguntas?
Puede

Contactar a :

Donna Soo (650) 828-0997
o Trudy Palmer (650)
208-9116

Venga a unirse a un grupo de apoyo organizado por el Subcomité de Salud Mental de SELPA 1 CAC

**7:00-8:30PM, segundo
Martes de cada mes**

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