**Creating Communities for All Ages Through Intergenerational Programs** 

# A Hidden Asset: the Growing Number of Seniors

"Coming of Age in an Aging America" (4 minute video)

http://theagingamericaproject.com/about.php

# What is an intergenerational community?

- Not just one where multiple generations reside, but
- One where individuals of <u>all ages</u> are an integral and valued part of the setting
- Partnerships and collaborations are essential in intergenerational communities

#### **DEVELOPMENTAL ASSETS FRAMEWORK**



**Developmental Assets Framework** 

### Intergenerational Developmental Assets

Developmental Asset	Elementary	Middle	High
#3: Other Adult Relationships	53%	46%	46%
#4: Caring Neighborhood	52%	43%	33%
#7: Community Values Youth	33%	29%	19%
#9: Service to Others	32%	46%	48%
#13: Neighborhood Boundaries	49%	54%	39%
#19: Religious Community	50%	51%	41%

#### Some exciting intergenerational programs

- Support program for grandparents raising grandchildren (Washington, DC)
- Co-locating teen center and senior center (Morgan Hill,
  CA)
- Seniors4Kids—older adults advocating for children's programs (Nebraska)
- Youth-led intergenerational dialogues (Bowie, MD)
- Annual Intergenerational Games (San Diego County)

- Shared site facilities with preschool children and adult care center participants Respite and Research for Alzheimer's Disease (San Jose, CA)
- Intergenerational community gardens (Itta Bena, MS)
- Music, tutoring, education (New Jersey
  Intergenerational Orchestra)
- County/city plan for intergenerational programs;
  County-supported Interages Center (Montgomery County, MD)
- School breakfast including elders (San Diego County)

## **A Focused Conversation**

What can older adults contribute to increasing the developmental assets of youth?

How can we create an intergenerational community in Mountain View/Los Altos/Los Altos Hills?

# **Presenters**

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# Resources

Project Cornerstone <a href="https://www.projectcornerstone.org">www.projectcornerstone.org</a>

Seniors' Agenda of Santa Clara County <a href="https://www.sccgov.org/daas">www.sccgov.org/daas</a>

Generations United <a href="https://www.gu.org">www.gu.org</a>

World Health Organization - Age Friendly Communities <a href="https://www.who.int/ageing/age\_friendly\_cities\_network/en/">www.who.int/ageing/age\_friendly\_cities\_network/en/</a>