

# **ACKNOWLEDGE ALLIANCE**

**CHALLENGE TEAM**

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*Cleo Eulau*

- Originally founded in 1994 as Cleo Eulau Center
- Mental health agency focused on education and learning environments
- Support teachers, students and entire school community by
  - fostering healthy relationships
  - developing resilience in both youth and educators
- Educate on direct connection between emotions and learning
- Create more vital, healthy, and positive learning environments

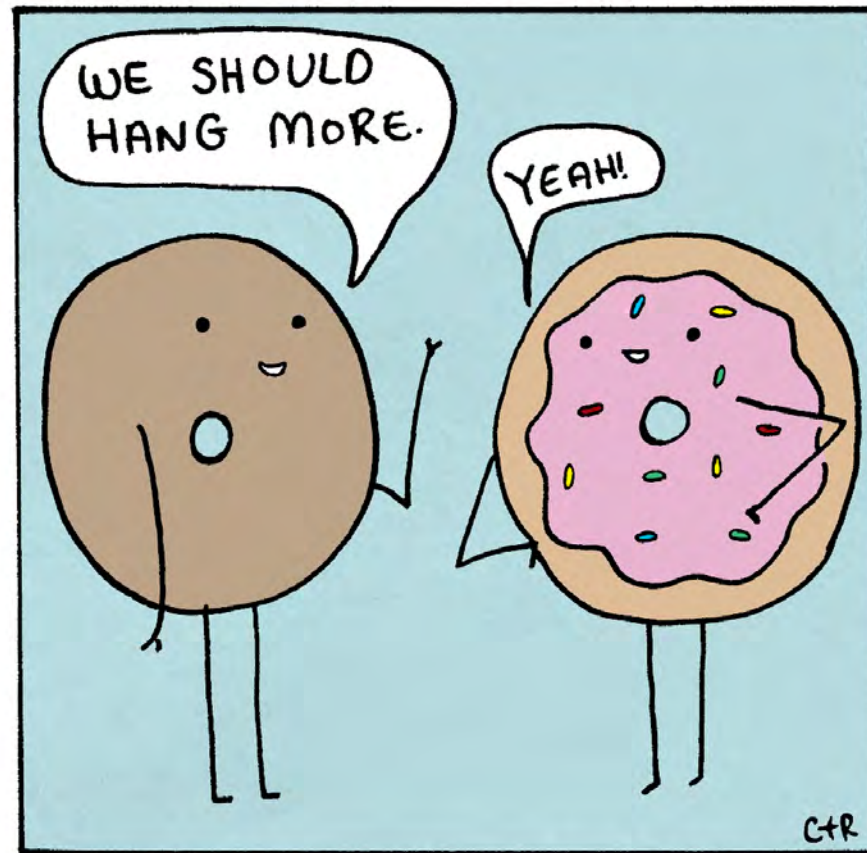
students *connected* to teachers

teachers *connected* to students

## *Mission*

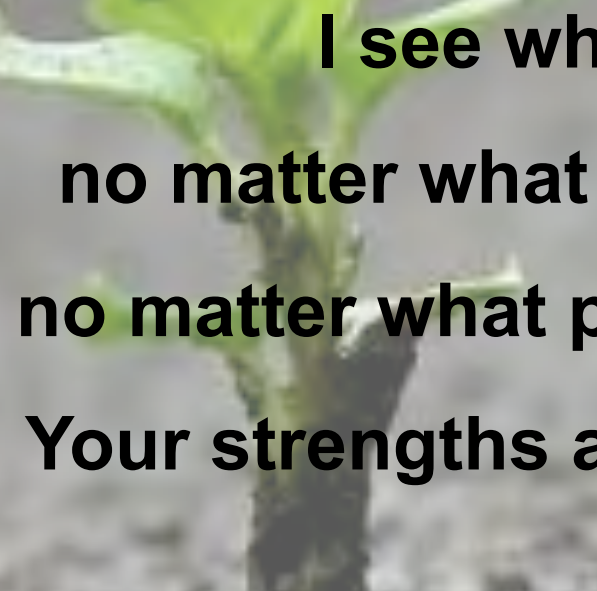
Acknowledge Alliance is dedicated to promoting lifelong resilience in children and youth by strengthening the caring capacity of the adults who influence their lives

# Finding Something in Common Activity: How do you define success for young people?



cuddlesandrage.com

# What is Resilience?



**I see what is right with you,  
no matter what you have done in the past,  
no matter what problems you currently face.  
Your strengths are more powerful than your  
“risks.”**

**And whatever risks, problems, or adversity  
you are facing are steps on the road to bouncing  
back - they are not the end of the road!**

*Henderson, 1997*

The power of classroom wellness  
**Acknowledge Alliance**

# What is Educator Resilience?

*Resilience is defined as a quality that enables teachers to maintain their commitment to teaching and their teaching practices despite challenging conditions and recurring setbacks.*

*Brunetti, 2006*

Resilient students need resilient teachers. Good content teaching requires modeling of skills, and attitudes. If teachers themselves are barely coping, if teachers cannot bounce back from the challenges they face, how are they to sustain the strength needed to promote resiliency among their students?

*Wolpow and Askov, 2008*





**Continuum of services/support for lifelong social, emotional, and academic success  
for administrators, educators, and students**

**UNIVERSAL**

***Education about***

- Resilience
- Emotional intelligence
- Connection between emotions and learning
- Growth mindset
- Pro-social behaviors
- Positive classroom culture

*Through these services:  
Student SEL Classroom Lessons  
School Resilience Consultation  
Educator Professional Development*

**FOCUSED**

***Attention to***

- Overcoming barriers to teaching and learning
- Strengthening emotional connection to teaching

*Through these services:  
Student Counseling (K-8)  
Educator Coaching  
Teacher Resilience Groups  
Leadership Resilience Group*

**IDENTIFIED**

***Intervention for***

- Complex trauma
- Relationship development
- Emotional regulation
- Re-engagement in successful learning

*Through these services:  
Student Counseling (9-12)*

# What our teachers are saying...

*“She is an **intricate part of the our school’s eco system**, helping the staff work through obstacles and challenges they may be facing regarding every aspect of staff student relationship.”*

*“They support the students and school staff to **help us all cope with the difficult backgrounds and lives that our students carry with them on their backs and in their hearts everyday**. They are a vital part of the school community and allow us to make a bigger impact on our students.”*

*“They support students and teachers with their emotional well being **to provide a more positive learning environment for everyone**.”*

*Thank you!*

**[www.AcknowledgeAlliance.org](http://www.AcknowledgeAlliance.org)**

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