# Cyberbullying & Sexting: a reality check--and a solution

**Anne Collier Executive Director** 



## This is the Internet now



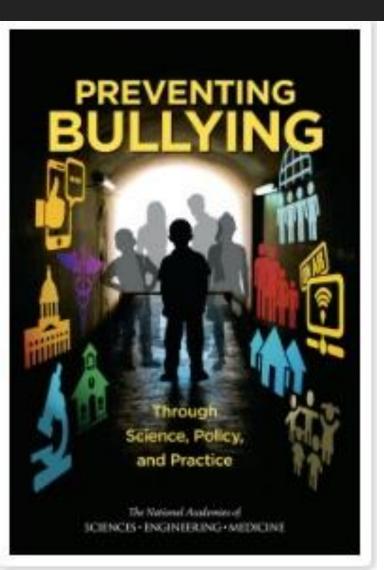


## It's totally individual

## How do I know all this?

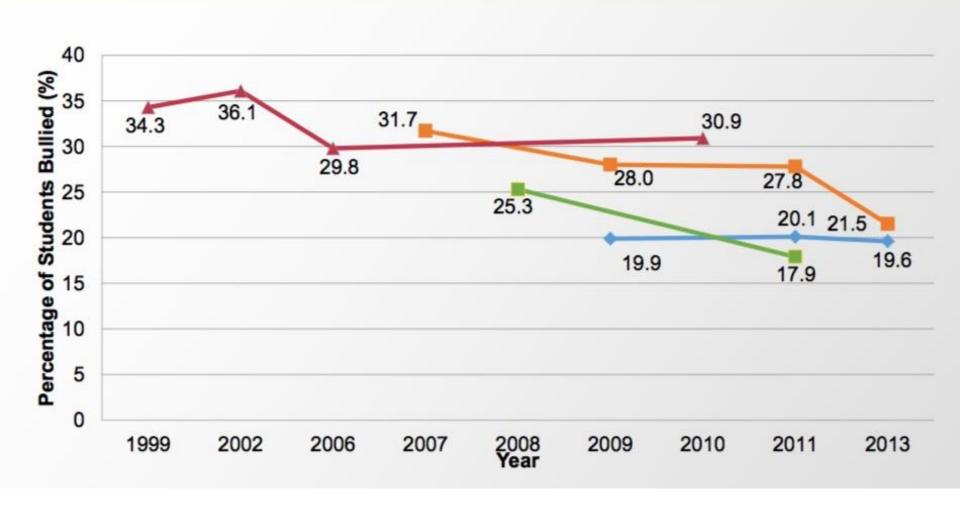


#### The National Academies of SCIENCES • ENGINEERING • MEDICINE

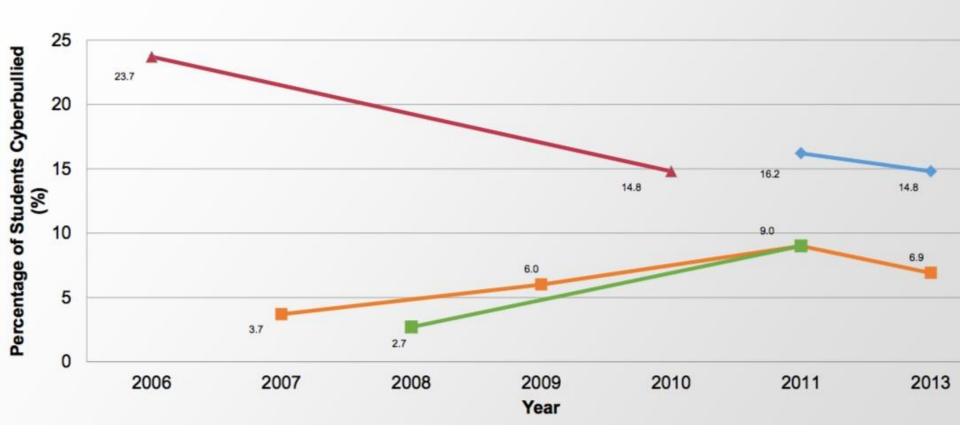


- Bullying affects 18-31%
- Cyberbullying affects 7-15%
- LGBT, disabled, obese most vulnerable
- 9<sup>th</sup> graders > 12<sup>th</sup> graders
- Cyberbullying more prevalent among white than black and Hispanic youth

# TRENDS IN STUDENTS WHO ARE BULLIED OVER TIME



#### TRENDS IN CYBERBULLYING OVER TIME



#### Bullying, cyberbullying, 'mixed'

One-third of youth had experienced digital or physical harassment over past 12 months...

- 54% of them <u>no</u> tech (18% overall)
- 15% <u>only</u> tech (5% overall)
- 31% "mixed" tech + offline (11% overall)

### The facts on 'sexting'

- Data all over the map from 1% having sexted to 27% (half of the 27% only once)
- Spectrum of behaviors and intentions
- Harmful when it involves coercion (digital sexual harassment)
- Not helpful to teens to hype it
- "Aggravated" vs. "Experimental" (there's a typology)
- Sexual health education not "Internet safety"



#### How iCanHelpline helps

- Helps schools get hurtful social media content taken down
- "Social media intelligence" for school incident response
- Helps social media services help schools mostly Instagram and Twitter this past year
- Trains students in digital leadership
- Helps administrators & staff navigate social media

#### How we can do this

- Known & trusted by kids' top social media apps
- Team's backgrounds in education and Internet safety
- Deep expertise in student leadership, digital leadership & literacy training
- Deep knowledge of the research in online risk, bullying, social media, digital citizenship















#### Cases we've handled

- Multiple harassing & cyberbullying pages, posts and photos deleted
- Account of a student soliciting nudes from peers deleted
- Referrals to most experienced law enforcement for dealing with school violence threats
- Worked with a new app that was unresponsive to schools



#### U.S. teens' top apps



Instagram



















# Thank you!

# Anne Collier anne@icanhelpline.org