# Improving Life Outcomes And Reducing Institutional Harm For Youth

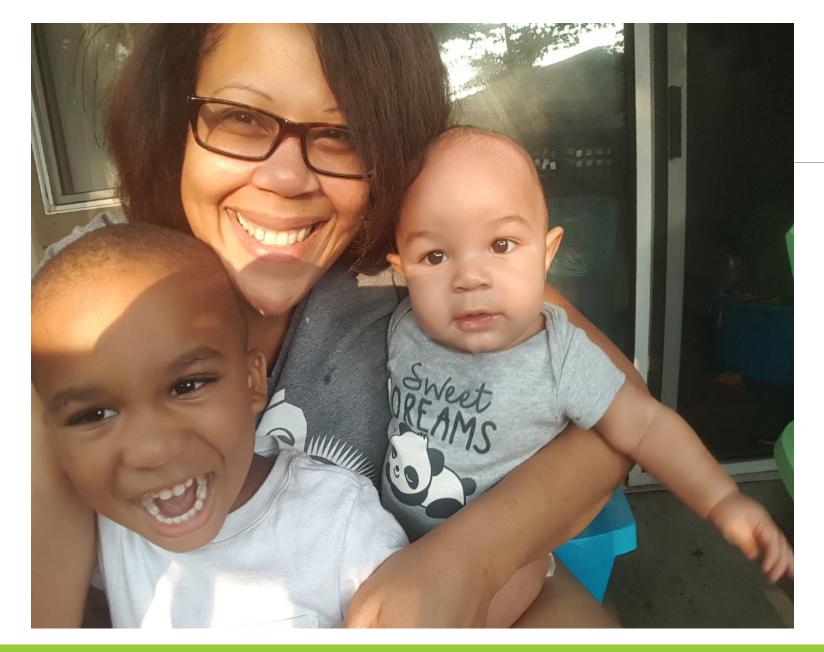
SHIFTING PRACTICES TO POSITIVE YOUTH DEVELOPMENT

## Disclaimer

The views expressed are my individual views and not the views of East Side Union High School District, or any city or county board or committee in which I serve.

## **Common Understanding**

- ☐ We are allies in this work to improve life experiences and outcomes for children and youth.
- If you are affected by the presentation, please do what you need to do to regulate and for self-care.
- ☐ Disagreement does not make us enemies.





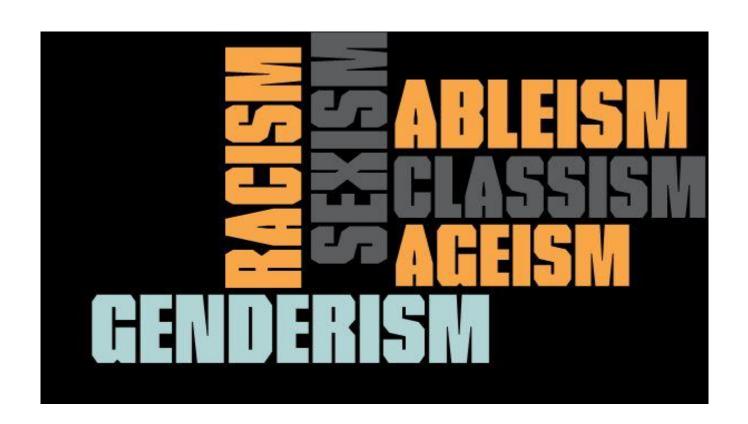


## "Think About the Young People You Work With"

When you think about young people, youth, adolescents—what comes to mind?

- 1. What are the character labels that typically come into mind when working with youth?
- 2. What are your hopes, goals and expectation for youth?

## Most Common Isms to Impact Children/Youth



## **Let's Talk About Race**

# Simplified Process that creates RED in our System

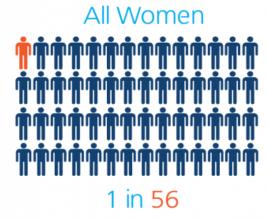
Predisposed Racial or Ethnic Character Trait

Decision-Making Point

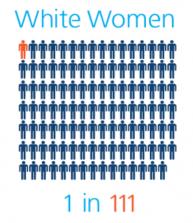
Disparity

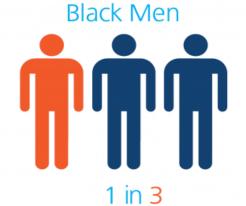
#### Lifetime Likelihood of Imprisonment





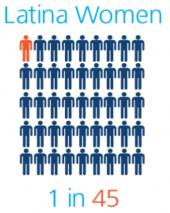












Source: Bonczar, T. (2003). *Prevalence of Imprisonment in the U.S. Population, 1974–2001.* Washington, D.C.: Bureau of Justice Statistics



### Bay Area School District Uses Police To Discipline Students

## **ESUHSD Equitable Communities**



- All students are welcomed as they are.
- student strengths and areas of growth are known and supported
- adults can positively respond to the social-emotional, wellness, and academic needs of every student
- All students are provided tasks that demand production through and beyond DOK 3 so that they can communicate like scientists, mathematicians, historians, artists, literary critics and more.

CORE VALUES:

**FOUITY** 

INCLUSIVENESS

COMMITMENT TO EXCELLENCE

**DIVERSITY** 

PROFESSIONAL CAPACITY



#### PHYSICAL WELLNESS

### Campus Supervision and Emergency Response (Safety)

- 1. Maintain a safe and secure campus from intruders.

  (Active Campus Supervision, Crisis Response, and Run, Hide, Defend Trainings)
- 2. Preserve life and property in a manner which promotes community.
- 3. Develop positive relationships with students.

#### The Developmental Relationships Framework



Discovering what kids need to succeed

Young people are more likely to grow up successfully when they experience developmental relationships with important people in their lives. Developmental relationships are close connections through which young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them. Search Institute has identified five elements—expressed in 20 specific actions—that make relationships powerful in young people's lives.

Elements		Actions	Definitions
1.	Express Care Show me that I matter	- Control of the Cont	Be someone   can trustReally pay attention when we are together.
	to you.	Be warm	
2.	Challenge Growth  Push me to keep getting better.	Stretch     Hold me account	Expect me to live up to my potential.  Push me to go further.  Itable Insist I take responsibility for my actions.  res Help me learn from mistakes and setbacks.
3.	Provide Support  Help me complete tasks and achieve goals.	Empower     Advocate	
4.	Share Power Treat me with respect and give me a say.	Include me     Collaborate	Take me seriously and treat me fairly. Involve me in decisions that affect me. Work with me to solve problems and reach goals. Create opportunities for me to take action and lead
5.	Expand Possibilities  Connect me with people and places that broaden my world.	Broaden horizo	

#### THE 5 C'S OF POSITIVE YOUTH DEVELOPMENT

#### CONNECTION

A feeling of safety, structure, and belonging; positive bonds with people and social institutions

#### CONFIDENCE

A sense of self-worth and mastery; having a belief in one's capacity to succeed

#### COMPETENCE

The ability to act effectively in school, in social situations, and at work Effective youth engagement is not just about "fixing" behavior problems. It's about building and nurturing "all the beliefs, behaviors, knowledge, attributes and skills that result in a healthy and productive adolescence and adulthood." This approach from Karen Pittman is supported by resiliency research as well as the emergence of 40 Developmental Assets identified by the Search Institute. The 5 C's is a framework for understanding positive youth development outcomes?.

#### **CHARACTER**

Taking responsibility;
a sense of independence
and individuality;
connection to principles
and values

#### CONTRIBUTION

Active participation and leadership in a variety of settings; making a difference

#### **CARING\***

Sympathy and empathy for others; commitment to social justice

\* In his 2007 book "The Good Teen," Richard M. Lerner included this additional outcome

#### **Traditional Juvenile Justice**

- Target of Change
- Client
- Public Safety
- Control youth behavior
- Youth problems and deficits
- Supervision and control
- Probation supervision to ensure youth compliance with court orders
- Individual and family counseling, group therapy (insight-based)
- Job counseling, community service as punishment
- Outdoor challenge programs Mentoring, Big Brother/Big Sister
- Remedial education

#### **Positive Youth Development**

- Agent of Change
- Participant
- Community wellness
- Connect youth with social and developmental resources
- Youth assets and strengths
- Attachment and engagement
- Case management ensure youth access to range of social resources
- Peer counseling, leadership development, family living skills, work experience, community service as job preparation, career exploration
- Youth/adult mentors work together on community service projects, intergenerational projects with elderly, etc.
- Cross-age tutoring (juvenile offenders teach younger children), educational action teams, decision-making

### A Working Definition of PYD

Positive Youth Development (PYD) is an *intentional* strategy or framework for *helping young people meet their basic developmental needs* (moral, social, cognitive, emotional & physical) by focusing on the *whole child*, not just a single problem that needs to be 'fixed'. It builds off of young people's *strengths (assets)* and is *age/developmentally appropriate*. PYD is grounded in the desire to help young people be/become resilient and views three key things as protective factors to help build resiliency:

- Positive relationships
- Clear, fair & high expectations and
- Opportunities to connect, navigate and be productive.





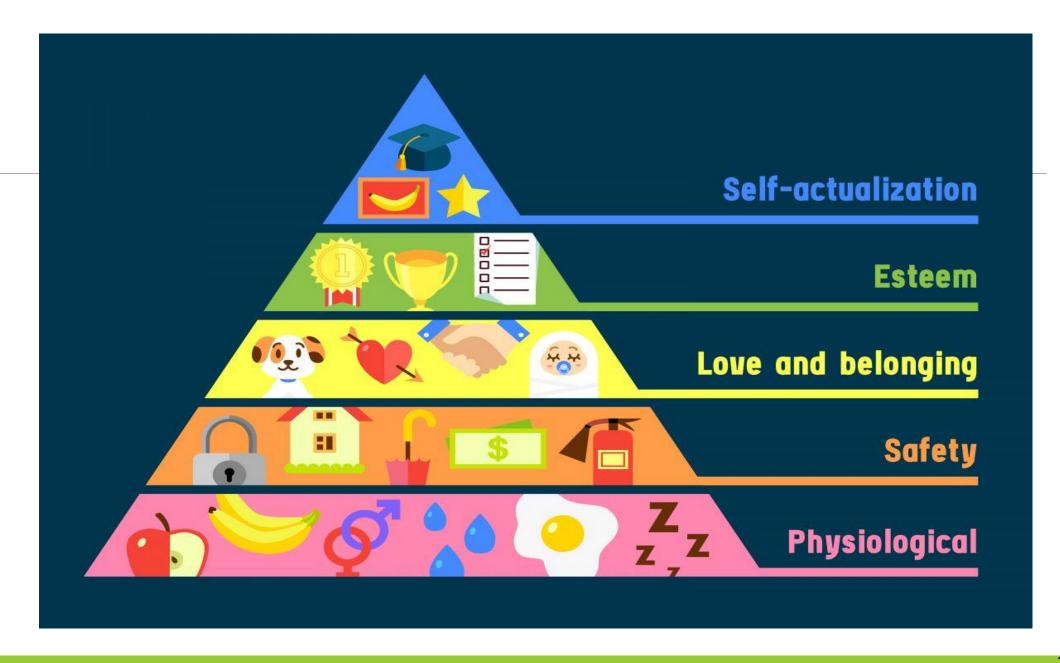












#### Self-Management

Managing emotions and behaviors to acheive one's goals

#### **Self-Awareness**

Recognizing one's emotions and values as well as one's strengths and challenges

#### Social Awareness

Showing understanding and empathy for others

## Social & Emotional Learning

Responsible Decision-Making

Making ethical, constructive choices about personal and social behavior

#### Relationship Skills

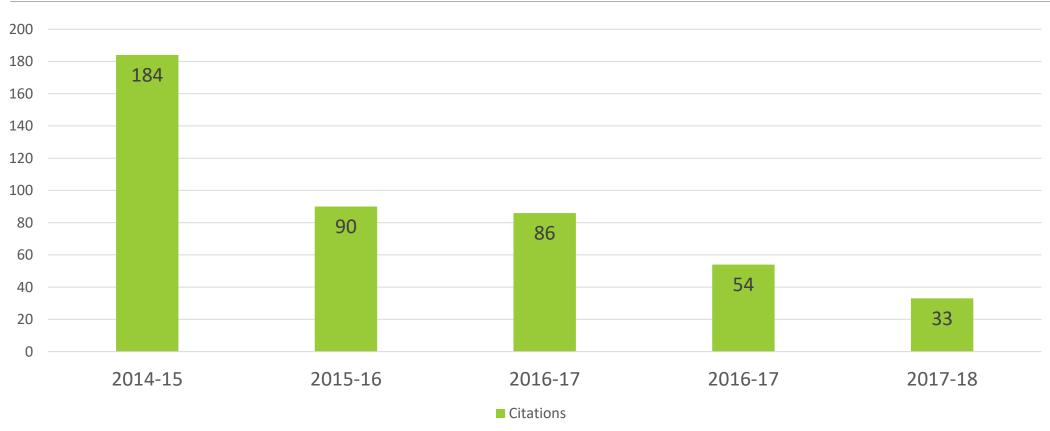
Forming positive relationships, working in teams, dealing effectively with conflict

## Reflection...

- 1. Can we re-imagine how we engage and respond to youth unwanted behaviors?
- 2. Can we learn new ways of thinking and working?
- 3. Can we bring our experience and new ideas to life and shift policy and practice in our work and between and across our agencies to co-create the outcomes we want?



## Citations



## How did we do it?

- Superintendent's Directive regarding when to Involve Law Enforcement (October 23, 2015)
- Shift to "Teachable Moments" (Intensive professional learning for Administrators)
- SJPD Diversion Project Memo (January 19, 2016 and updated March 2017)
- Updated Board Policies regarding school culture/climate, officers on campus, and student discipline
- MOU with SJPD (Board Approved October 12, 2017, updated September 2019)
- Updated District Uniform Behavior Responses (interventions and consequences)
- Stakeholder Equity Committee (oversight on fair and consistent practices Started 2018-19)
- Mandatory professional learning on implicit bias for all staff (2018-19)
- Mandatory professional learning for all officers (Completed October 2019)

## **ESUHSD Equitable Communities**



- All students are welcomed as they are.
- student strengths and areas of growth are known and supported
- adults can positively respond to the social-emotional, wellness, and academic needs of every student
- All students are provided tasks that demand production through and beyond DOK 3 so that they can communicate like scientists, mathematicians, historians, artists, literary critics and more.

CORE VALUES:

**FOUITY** 

INCLUSIVENESS

COMMITMENT TO EXCELLENCE

**DIVERSITY** 

PROFESSIONAL CAPACITY







## Q&A

