

allcove

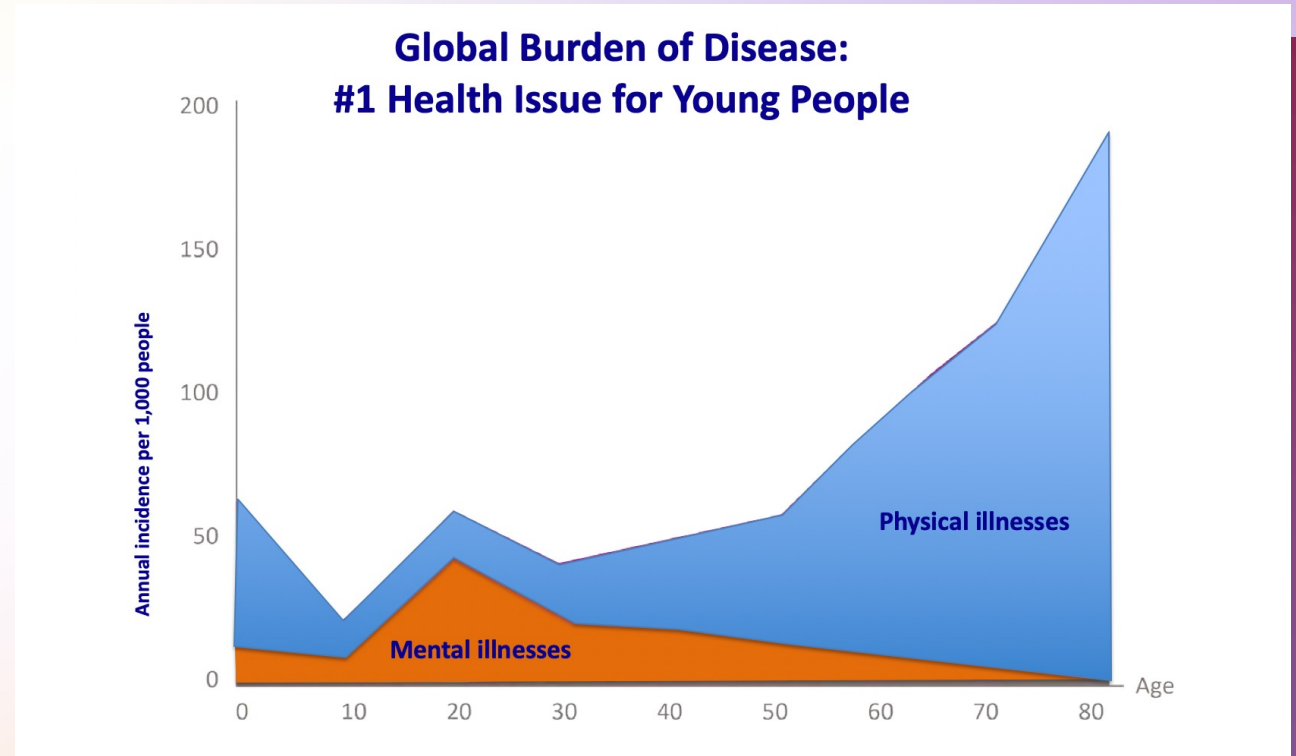
where every youth belongs, chooses the
support they need and thrives

Mental health crisis among young people

50% of all lifetime cases of mental illness start by age 14.

75% start by age 24.

79% do not access care.



Graph: Victorian Burden of Disease Study, Mortality and Morbidity in 2001

Statistics: Kessler, R., Berglund, P., Demler, O. (2005). *Lifetime Prevalence and Age-of-Onset Distributions of DSM-IV Disorders in the National Comorbidity Survey Replication*

SLANE
2012

Y O U T H

AUSTRALIA'S
YOUTH MENTAL
HEALTH SERVICES
AT THE BOTTOM
OF THE CLIFF
TO BE ERECTED HERE

TAP!
TAP!



The Atlantic

China Builds the
Next Hollywood
p. 44

Donald Trump and the
Myth of the Front-Runner
p. 13

The Silicon Valley Suicides

Why are so many
kids killing themselves
in Palo Alto?

By **HANNA ROSIN**



+

The Secret
Life of John
le Carré

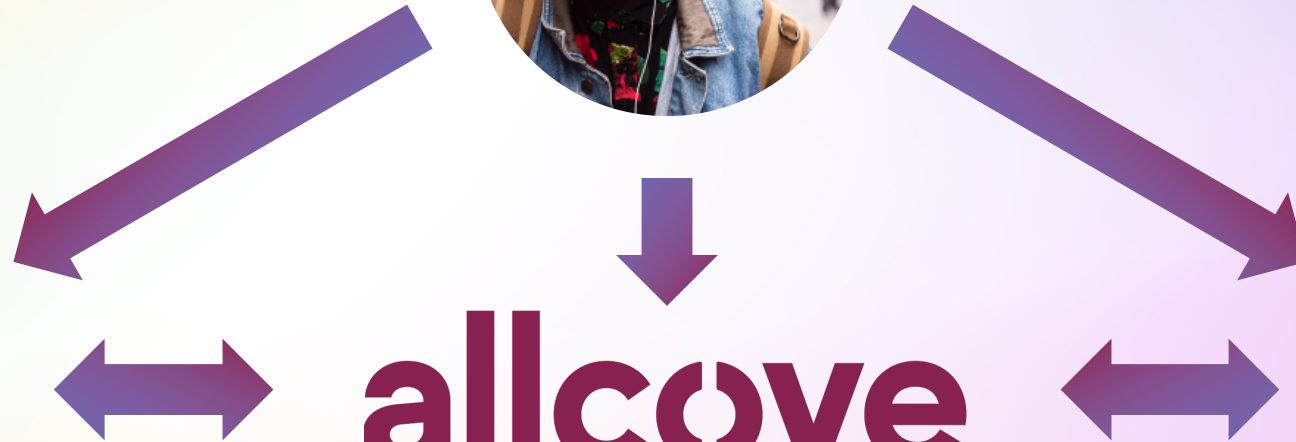
The World's
Greatest Actor

Why You
Bought That
Ugly Sweater

International integrated care model

- Integrated youth mental health centers for young people ages 12 to 25.
- Accessible – Location and short appointment wait time.
- Free to low cost – Serve everyone.
- Provide core components in youth-developed and friendly environment:
 - Mental health.
 - Physical health.
 - Supported education and employment.
 - Substance use.
 - Peer support.
 - Family support.

A public mental health continuum for young people



allcove

allcove provides youth-centered, integrated care through prevention and early intervention with easy and affordable access.

first two allcove centers – opened 2021

- First two allcove centers opened in June 2021 in San José and Palo Alto, Calif.
- The Central allcove Team provides technical guidance and facilitates knowledge sharing.



Our brand

all

The first syllable implies that our spaces are for all young people, no matter what emotions they are feeling. It communicates inclusivity and togetherness.

cove

The second syllable is a space, surrounded by protection, which can take on many forms. A cove is a metaphor for the safe but open space that allcove provides to all its visitors.

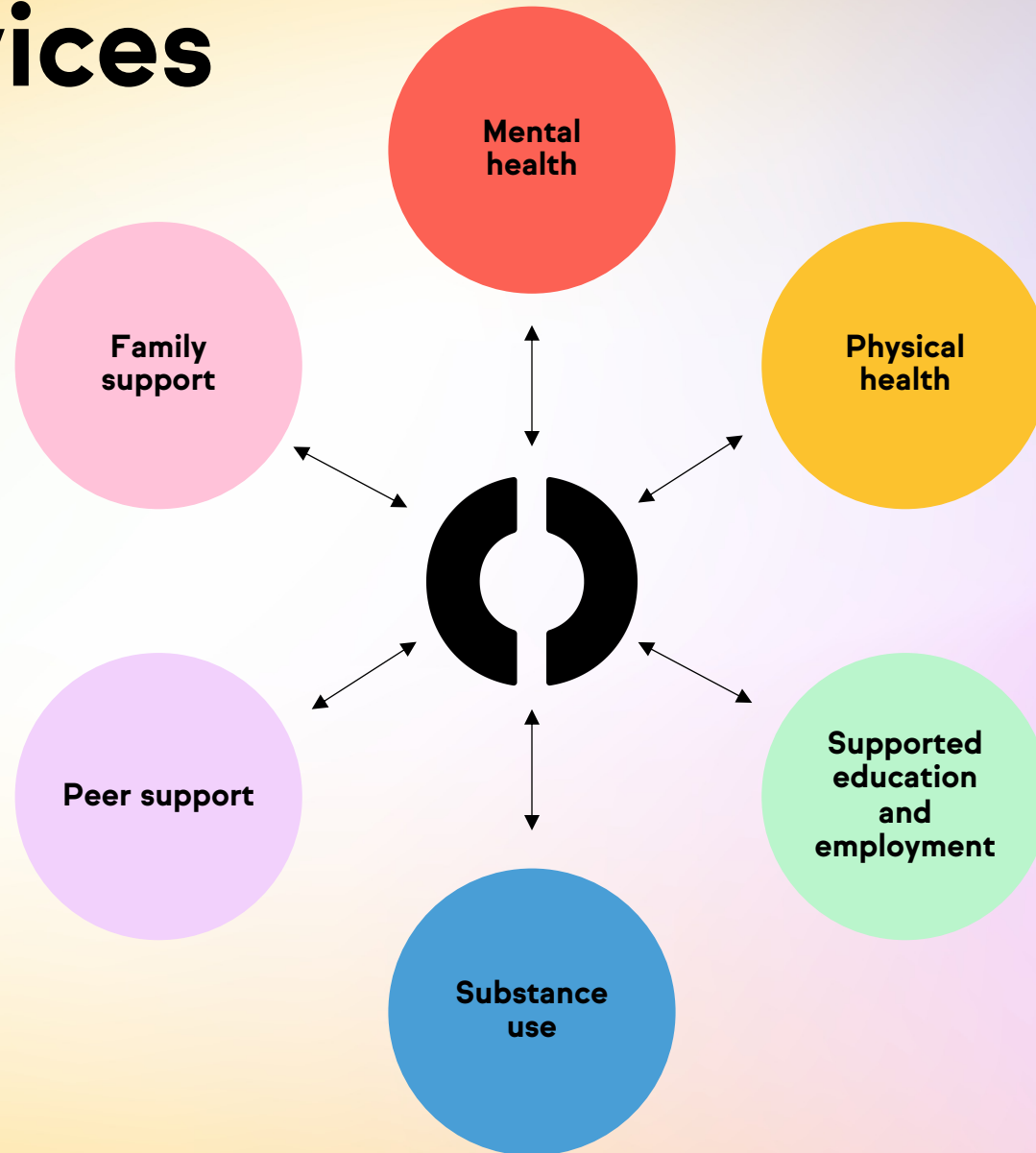
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How is this model unique?

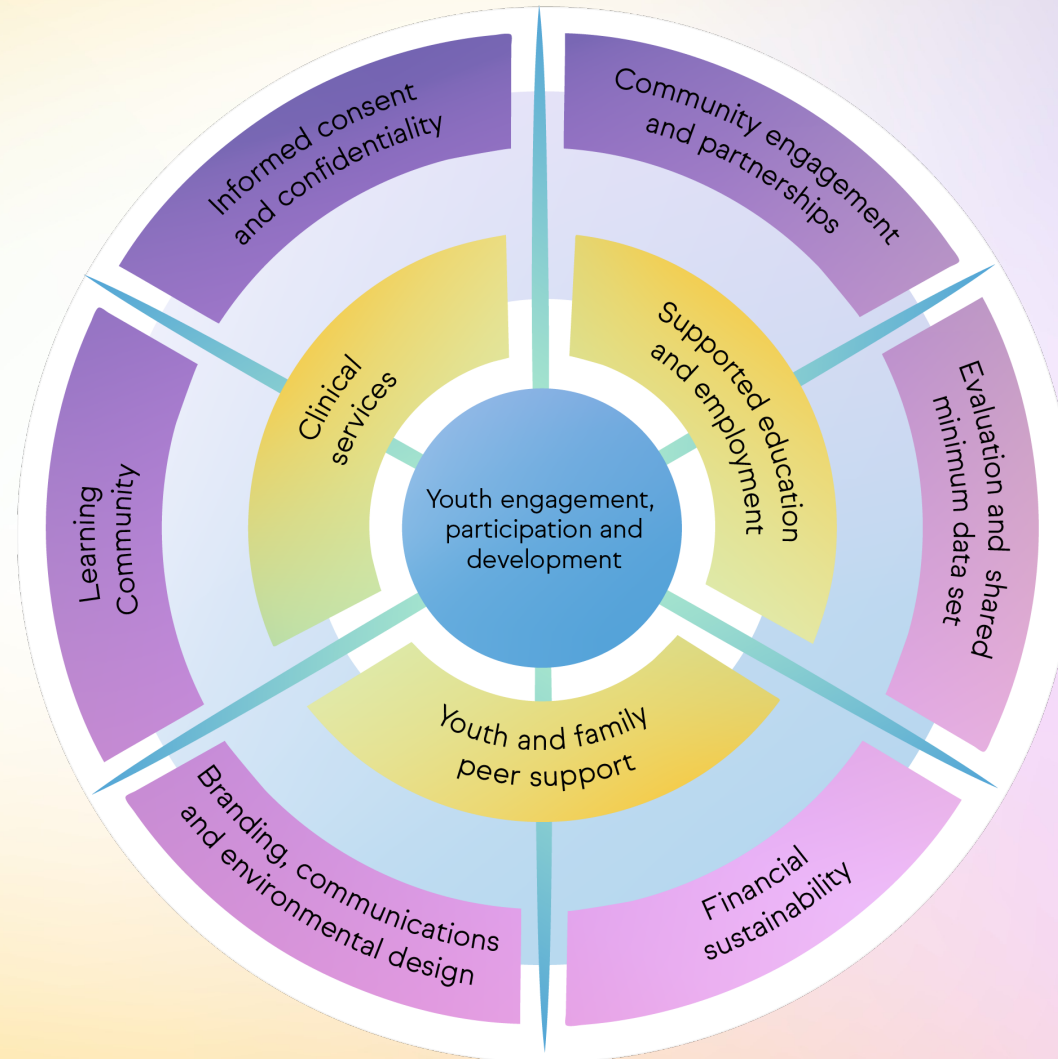
- Prevention to early intervention focus.
- Youth-centered and informed design.
- Youth advisory board.
- Stigma-free; normalizes mental health.
- Youth-friendly, engaging and upbeat staff.
- Strong youth outreach and marketing.
- Consortium of youth-serving agencies.
- Integrated care.
- Trusted codesigned brand.



Core services



allcove model components



Youth Advisory Group

Each allcove center has its own local Youth Advisory Group, recognizing that different communities have different needs. These young people represent their community with diverse lived experience, providing insights into services, staff, location, etc.

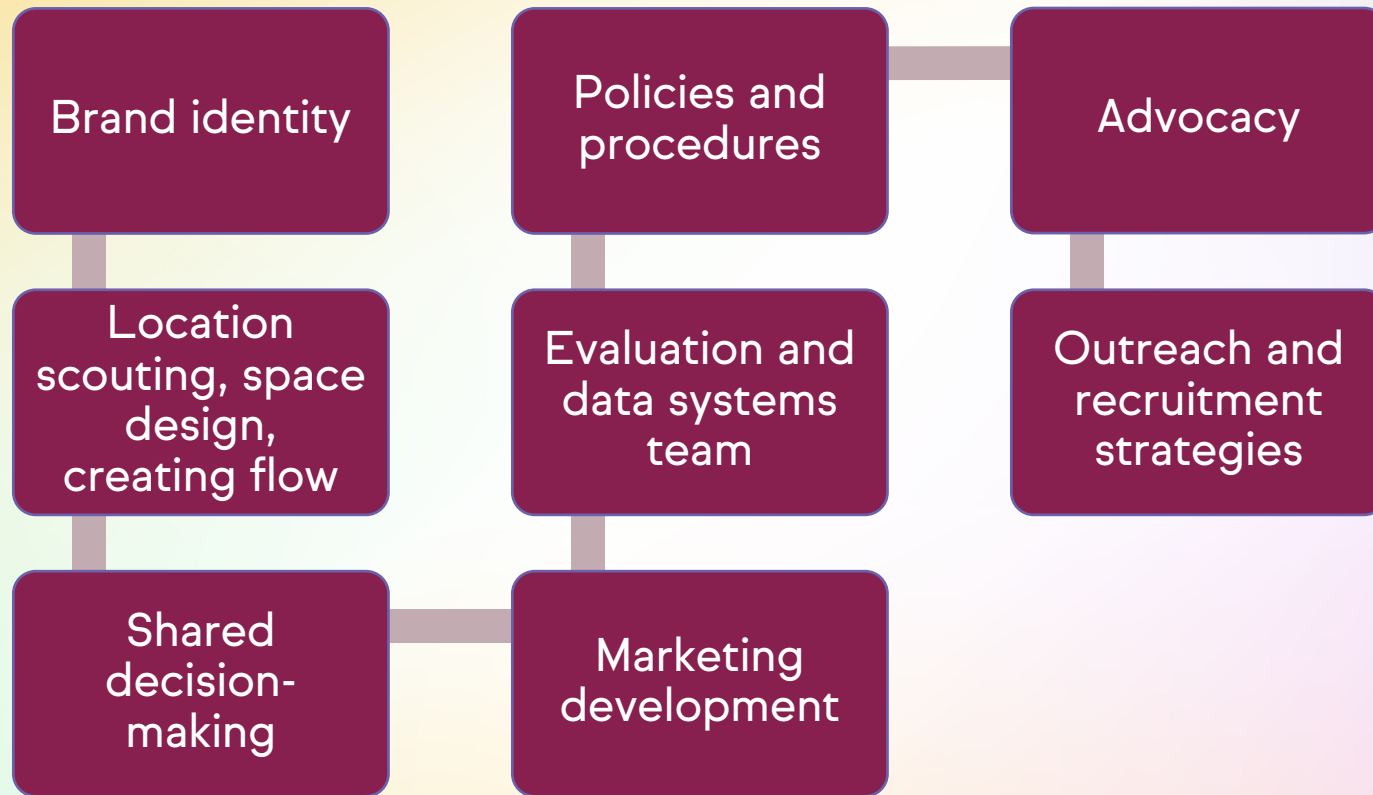
They are active community advocates for youth mental health by:

- Raising awareness.
- Reducing stigma.
- Encouraging help-seeking behaviors.
- Educating the broader community about youth mental health.

Engagement of young people builds a strong sense of community, understanding and passion for getting involved.



Opportunities for voice and feedback



Connected but unique

Each center will provide the same core services, standards and brand in order to:

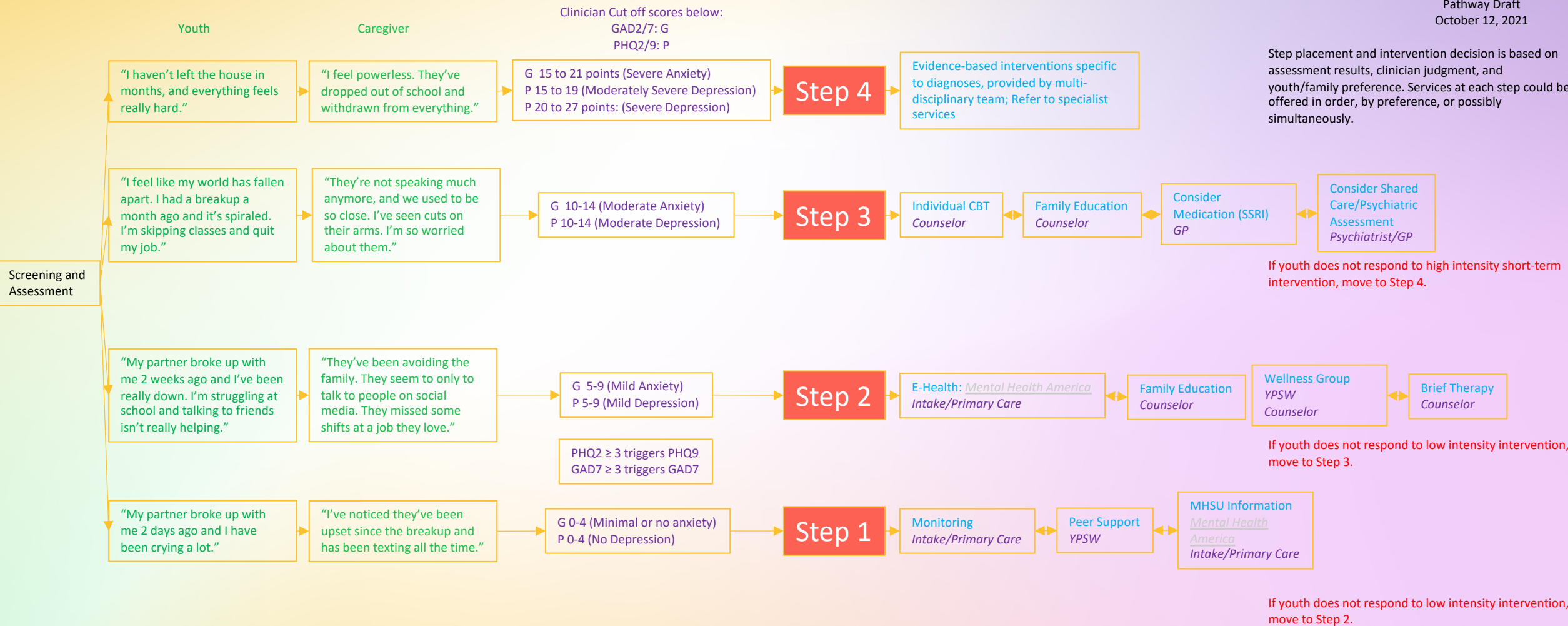
- Build awareness.
- Build understanding.
- Build engagement.

Each center is:

- Recognizable in look, feel and experience.
- Welcoming, safe, comfortable and non-judgmental.
- Offers extended hours of operation.
- Unique to each community.
- Integrates services to meet the individual needs of young people.
- Culturally and socially responsive.

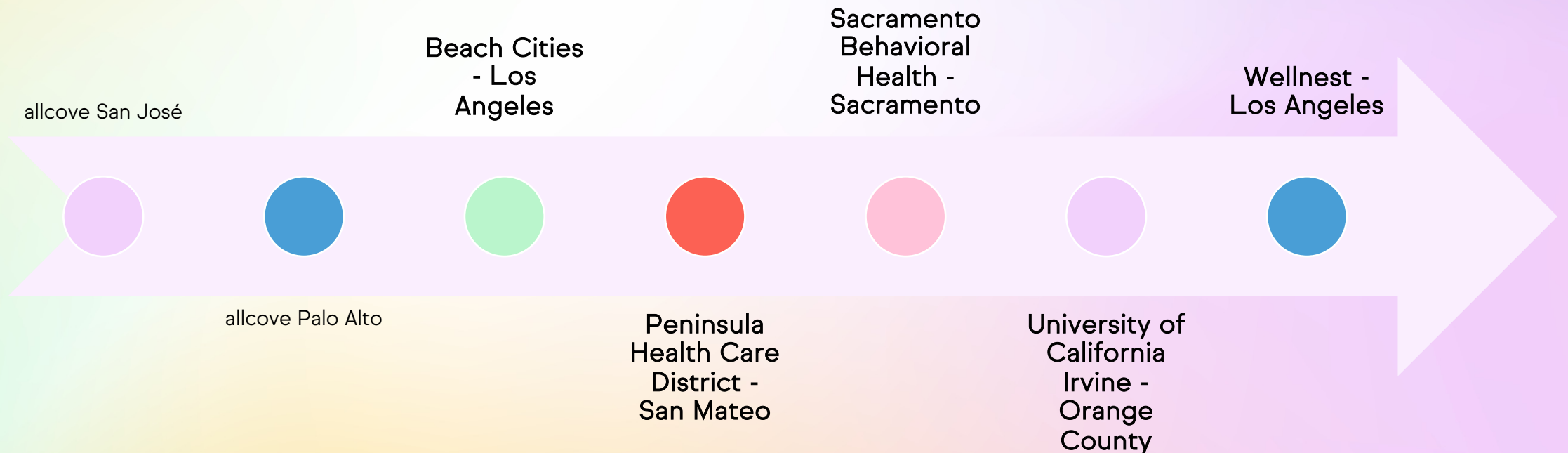


allcove Mood, Anxiety, and Distress Pathway



growing network

Five projected centers, in partnership with the Mental Health Services Oversight and Accountability Commission:



www.allcove.org



SANTA CLARA COUNTY
Behavioral Health Services



Stanford
MEDICINE

Center for Youth
Mental Health & Wellbeing
*Department of Psychiatry
& Behavioral Sciences*



Stanford
Children's Health

Lucile Packard
Children's Hospital
Stanford



IDEO.ORG



Lucile Packard Foundation
for Children's Health



Sand Hill Foundation



Mental Health Services
Oversight & Accountability Commission



California
Health Care
Foundation



Robert Wood Johnson Foundation



the David &
Lucile Packard
FOUNDATION



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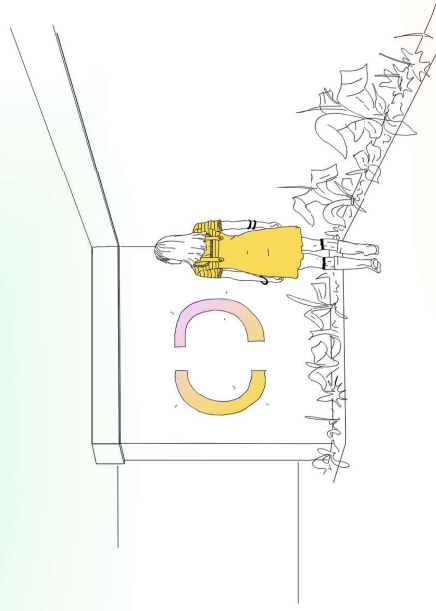
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allcove.org

[@allcoveyouth](https://twitter.com/allcoveyouth)

who makes it happen

The allcove Youth Advisory Group is comprised of young people between the ages of 16 to 25 with diverse representation across race, ethnicity, gender identity, sexual orientation, lived experience, ability and socioeconomic status. They provide a direct understanding of young people's needs, helping us provide access to meaningful services.



allcove

where every youth belongs, chooses the support they need and thrives

visit us

2741 Middlefield Road,
Suite 102
Palo Alto, CA 94306

contact us

(650) 798-6330
allcove.org



what we believe

Guided by our vision where every youth belongs, chooses the support they need and thrives, allcove Palo Alto is designed to create meaningful, positive experiences for every person who comes through our doors.

who we are

The first of its kind in the U.S., allcove is developing an innovative network of integrated youth mental health centers designed with, by and for youth that reduce stigma, embrace mental wellness, increase community connection and provide access to culturally-responsive services.

allcove Palo Alto serves young people ages 12 to 25 with mild to moderate needs, providing a unique space for them to access our services, with resources and support for friends, family and the larger community. We are embedded within the community we serve and reflect the unique needs of local youth.

how we co-create

Everything about allcove is designed with, by and for young people.

From the look and feel of our allcove center, to the options young people have to engage in center activities, young people are our co-creators and our champions. We intentionally use a participatory process to co-create every aspect of the allcove experience with young people, and we're excited to elevate and promote youth voices along the way.

what we offer

Anchored in a model of care that considers the holistic needs of young people, allcove Palo Alto is a place for them to take a moment of pause and access a range of services. These include:

- Mental health.
- Physical health.
- Substance use.
- Peer support.
- Family support.
- Supported education and employment.

