

5

KEYS TO RAISING A HEALTHY, HAPPY EATER

**FREE
PARENTING
CLASS**

**FREE
CHILD CARE
PROVIDED**



ASK QUESTIONS — GET ANSWERS

- Should I make my child eat veggies?
- My child won't eat enough. What can I do to get him to eat?
- How can I get my child to sit and eat at the table?

Classes are located throughout Santa Clara County.

Health insurance is not required.

CALL
1-855-344-6347
to register for a class or
for more information on
an upcoming class.

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